Dear Parents,

**Confirmation**

Congratulations to all of the students who received the Sacrament of Confirmation last weekend, it was a very special occasion in their lives. We were blessed to have Bishop Pat celebrate the Mass and confirm the children. Thanks to Fr. Brendan, Kathryn Pepper, Sr. Joy, Michelle Edmanson, Jenny Cassar, Stephanie Barker and Emily D'Sylva for the efforts they put in preparing the students.

**Father’s Day**

I hope that all Dad’s enjoyed a special Father’s Day on Sunday. The Father’s Day Breakfast at school last Friday was again a wonderful success and I thank Sr. Joy and all of the staff and volunteers who assisted. It is a big undertaking to serve breakfast to so many people.

**Hooptime**

Over the last few weeks many students have had the opportunity to participate in Hooptime basketball. It is the first year that Trinity has entered the competition for a long time and it is something that we will be continuing in the future. Whilst the aim of the day is to participate and have fun it has also been pleasing to have several teams win their way through to the next level of competition. Thanks to Catrina Charman and Nicole Cahill for their organising Hooptime.

**Lightning Premiership**

This Friday all grade 5/6 students will be participating in our local Catholic Schools Lightning Premiership. Thanks to St Francis Xavier Secondary College who allow us the use of their grounds and allow their Year 10 students to umpire the games. This event has been held for many years now and it would not occur without the support of SFX. Games commence at 10.00am, parents are most welcome to attend. At the time of writing this newsletter the weather is not looking promising for Friday, a decision will be made by Thursday lunchtime as to which sports will be going ahead.

**Bunnings BBQ Unfortunately Cancelled**

Unfortunately the Parents and Friends have had to cancel the Bunnings BBQ that was set for the 1st of October due to a lack of volunteers. Disappointingly only 11 of our 355 families offered to assist. The Parents and Friends Committee are vital to the running of the school, not just financially but also assisting with functions and events. The recent Father’s Day Stall is just one example of what they do for the students. It is important that we support their activities as all children in the school benefit from their efforts.

Please keep the 23rd of October clear in your diary as this is our Carnival. We will be requesting that all families assist in some capacity.
**2017 Class Placements**

If parents have a genuine reason for class placement requests for next year, could you please put them in writing addressed to myself by Friday 16th October. An enormous amount of time and effort is put into the creation of class lists and many factors are taken into consideration by staff. A written request will be considered on its merits but it is not a guarantee. Who is teaching which grade has not yet been decided so please do not request certain teachers. At Trinity we work on a whole school approach and we are blessed to have a committed teaching staff who collaborate together to give the very best learning opportunities to all students in our care. Please be aware that a request has to be made for this current year, we will not be referring to requests made 12 months ago as circumstances change.

Regards,
Simon Dell'Oro
Principal

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**A REMINDER THAT IT IS SCHOOL AS NORMAL THIS FRIDAY**

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**SCHOOL CLOSURE DAYS**

Please note the following School Closure & Student Free Days

- **MONDAY 3rd OCTOBER (TERM 4)**
- **MONDAY 17th OCTOBER (TERM 4)**
- **MONDAY 31st OCTOBER (TERM 4)**

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**IF YOU ARE NOT RETURNING TO TRINITY NEXT YEAR?**

As staff will soon be looking at classes for 2017, could you please advised the Principal in writing as soon as possible if your child/children are not returning.

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**LOST PROPERTY**

We have accumulated quite a lot of school jumpers and jackets in our lost property. These will be in the Office Foyer until the end of the term. Please come and check them to see if they belong to your child.

We also have an assortment of other lost items so if you are missing anything please enquire at the office.

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**2016 SCHOOL FEES**

**TERM 3 FEES ARE NOW OVERDUE**

Could you please pay these as soon as possible. If you have not received your Statement please contact the Office.

Payments can be made by Cash, BPay, Cheque and EFTPOS. Payments can be made in instalments. Direct Debit is available and forms are available from the office.
Sacrament of Confirmation

Congratulations to the 41 students from Trinity that received the sacrament of Confirmation over the weekend. The four masses were celebrated by Bishop Pat, Fr Brendan, Fr James and Decon Peter and were a wonderful occasion for the students and their families. We now welcome the students as fully initiated members of our Catholic Community. Thank you to all the staff that facilitated the workshops and attended the celebrations.

Friday Weekly Masses

This week we welcome back Fr James from his break. Class masses will resume this Friday with Grade 3D celebrating mass in their classroom (Sr Joy’s Room near the hall) and on the last day of term, 5F will celebrate mass in their classroom (Rm 12 – Allen Building). We warmly invite all families and friends to attend the celebrations.

Footy Day – 16th September

Trinity’s annual Footy Day will be celebrated on the last day of term (Friday 16th Sept). On the day students will be allowed to wear their footy clothes / accessories, or colours of their favourite team. They will participate in a fun day of footy activities which will include a rotation of footy themed games outside and activities inside. The day will finish with assembly at 2:30pm in the school hall. We warmly invite all families to come along and join in the fun at any time on this day. Just remember to sign in at the office when you arrive. More details will be provided next week once we know what the weather will be doing.

A special Footy Day lunch can also be ordered through the canteen and a letter was sent home last week outlining these options.

Kathryn Pepper
Religious Education Leader / Student Support
SPORTS NEWS

HOOP TIME SUCCESS

Several Year 4 students represented Trinity in Basketball Victoria’s Junior Hoop Time competition on Tuesday, August 30th. Three teams travelled to Casey Indoor Leisure Centre, Cranbourne, to play against local schools.

Congratulations to all students for their outstanding behavior and fair play. It was great to see everyone cheering on their team mates and supporting the other Trinity Teams. Well done to the Future Stars Titans team for winning the Grand Final and progressing to the Regional Finals on Thursday, October 27th. We wish them well for their training and the next level of competition.

A huge thank you to the following parents and helpers who volunteered to coach teams and score games for the day – Celeste Vogrig, David Sajeba, Natasha Karim and Jake Charman. Thanks also to the many parents who came to support the Trinity teams. Special thanks to Rebecca Todisco for her assistance on the day.

All students involved in Regionals will be notified of details next week.

Catrina Charman
PE Teacher/Sport Coordinator

“Today the Hoop Time students went to Casey Basketball to play basketball. Hoop Time is not just about winning, it’s about having fun and good sportsmanship. You don’t have to win, just try your best.’” – Amelia 4S

“On Tuesday it was really fun working with my team. We had lots of teamwork and showed good sportsmanship. Some games were really close but we still had fun!” – Corey 4T

“Tuesday was a fun day. We had to share the ball around to let others get a goal. There was a lot of sportsmanship and a lot of people participated in the game.” Dylan 4NM
Dear Parents and Students,

As the Carnival gets closer, we are only **46 days** until this fun filled awesome day. The Carnival Committee has been working very hard to put together a great family day out, which all the money raised goes to benefit all Trinity students.

This year we have 7 new rides, new entertainment, lots of market stalls to browse through and a huge show and shine car exhibition. Remember to keep selling the Carnival Raffle Tickets to be in the running to win FREE ride wristbands for the whole family.

Over the next few weeks, we will be sending home important information with your children, so please look out for these letters and get them back as soon as possible.

The Carnival has a Facebook page so look it up, like it and show your support for our Carnival. Just look up **Trinity Catholic Primary School Carnival**.

Kind Regards
The Carnival Committee
Items in **bold type** will be school closure days or extremely important dates.

**SCHOOL CALENDAR**

**SEPTEMBER 2016**

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<td>7.30pm Confirmation Mass</td>
<td>10am &amp; 2pm Confirmation Mass</td>
<td>Father’s Day 3pm Confirmation Mass</td>
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<tr>
<td>7pm P&amp;F Meeting</td>
<td>Senior Hoop time Yr’s 5 &amp; 6</td>
<td>Grade 5 incursion</td>
<td>Senior Lightning Premiership</td>
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<tr>
<td></td>
<td>Year 3 Excursion to Imax</td>
<td>7pm Carnival Meeting</td>
<td>7pm Board Meeting</td>
<td>Footy Day Lunch</td>
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**OCTOBER 2016**

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<tr>
<td>SCHOOL CLOSURE DAY</td>
<td>TERM 4 COMMENCES 8.45am</td>
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<td>6pm First Eucharist Celebration</td>
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<td>School disco</td>
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| 17  | 18  | 19  | 20  | 21  | 22  | 23  |
| R.E. SCHOOL CLOSURE | | | | | 6pm First Eucharist Celebration | SCHOOL CARNIVAL 11am First Eucharist Celebration |

| 24  | 25  | 26  | 27  | 28  | 29  | 30  |
| 31  |     |     |     |     |     |     |
| SCHOOL CLOSURE DAY | | | | | | |

**NOVEMBER 2016**

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<tr>
<td>MELBOURNE CUP DAY SCHOOL CLOSURE DAY</td>
<td>2017 Prep Info Night for New Families</td>
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<td>Grandparents Day</td>
<td>6pm First Eucharist Celebration</td>
<td>11am First Eucharist Celebration</td>
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**CHILD SAFE STANDARDS WORKING WITH CHILDREN**

Trinity has zero tolerance towards child abuse and is therefore committed to complying with the Victorian Child Safe Standards and Ministerial Order 870. All parents/Guardians wishing to help in the classroom, canteen or attend excursions MUST have completed the PARENT HELPER WORKSHOP and hold a current WORKING WITH CHILDREN CARD.

Further details are available from the school office. All parent/guardian helpers must sign in at the office before proceeding to the classrooms. Your current Working with Children card must be displayed at all times when working in the classrooms and attending excursions.

A reminder to all Parents/Carers, supervision by School Staff begins at 8.30am before school and after school only at the drop off area until 3.30pm.

Please observe and supervise your children, as they play on the equipment.

Thank you for your co-operation.

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**ABSENCE FROM SCHOOL**

In the case of illness a phone call in the morning on the day they are absent.

If you are going on holidays or your child will be away for an extended period you must advise in writing BEFORE you leave.

Thank you.

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**TRINITY CAR PARK ETIQUETTE**

- For greater safety and visibility, we are requesting that all drivers reverse park into the marked bays.
- Thank you all who use the pedestrian crossing area. You are demonstrating to your children correct road safety practices. Once children cross the pedestrian crossing into the parking area, they, for their safety, need to be placed into vehicles promptly. The car park is NOT a meeting area.
- The lane around the edge of the car park (closest to the oval) are for vehicles waiting to pick children up from the Pick-up Zone ONLY.
- The two parking bays closest to the office path are the PICK-UP ZONES. These are NO STANDING zones. If your children are not ready to get into your car as you pull up to the pick-up zone, you must continue on and rejoin the end of the pick-up queue.
- There is NO RIGHT TURN when exiting the car park. All vehicles must turn left for the safety of others and to maintain traffic flow.
- THE GATES CLOSE AT 9.00am AND RE-OPEN AT 3.00pm. Occasionally they might re-open slightly later due to school activities.

Thank you for your patience and consideration of others.
Happy Birthday to the following children who will celebrate their birthdays next week.

15th SEPTEMBER  Webcke and Ryan
17th SEPTEMBER  Tristan
18th SEPTEMBER  Alison and Angelo

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CANTEEN ROSTER

TUESDAY — PREP and JUNIOR
THURSDAY — MIDDLE and SENIOR
+ 8.45—10.30approx     # 11.45—1.30approx

THURSDAY 8th SEPT
+ Anastasia Barker
# Kerryn Cerchiaro

TUESDAY 13th SEPT
+ Naomi Sanchez
# Gus Powell

THURSDAY 15th SEPT
+ Mareesa Smith
# Sherie O’Meara

TUESDAY 4th OCT
+ Allison Hellier
# Linda Vozzo

THURSDAY 6th OCT
+ Jo Knezevic
# Daniela Cini

TUESDAY 11th OCT
+ Maie Drew
# Adele Pettenuzzo
WELCOME TO SPRING

WE PRAY FOR:  Sarah McGill’s Father who died yesterday; for Mr. Dell’Oro’s Father who is unwell at present; those Mothers expecting babies; those parents undergoing treatment for Cancer; those awaiting the results of tests; for the needs of all our Families, and for the builders working on the renovations to our school.

SECOND HAND UNIFORMS: Thank You to those families who have recently sent in second hand uniform pieces for re-sale. Please do not send in pants which have the knees out as I only have to throw them out. There have been a number of uniforms disappearing. If you need uniforms for your child(ren) and cannot afford them, please come and see me. The summer uniforms will be half-price from Wednesday 7th September to the end of Term.

FATHER’S DAY BREAKFAST: Thank you all for coming! And thank you to all those Mothers ,Grandmother and Staff who came along to welcome, to cook, to make toast, to serve, to clean-up and wash-up. Your help enabled all to run smoothly and in a hospitable manner. I hope all the Dads and Grand -Dads had a great Day with families last Sunday.

SPRING PLANTS I will bring in plants that are now blooming for purchase from tomorrow. I have one orchid (Kakadu Sunrise $15.00) but the others will be either $2.00 or $3.00 each. All proceeds to the Carnival plant stall.

Copies of MELBOURNE CHILD (September edition are now available from the table in the Hall foyer as is THE CASEY GUIDE FOR THE FORTHCOMING SCHOOL HOLIDAYS.

A WORD FROM POPE FRANCIS: We often ask ourselves with some concern, what world are we leaving our children? Perhaps we also need to ask what children are we giving the world? It is the family, with its unique capacity to form each member, particularly the young, into persons of love, sacrifice, commitment, and fidelity, that the church and society...will find the resources necessary to renew and build up a culture of solidarity (A Year with Pope Francis on the Family, pages 251. 253.)
Hello everyone,

**IMPORTANT DATE CHANGE**

There has been a Date Change for the Student Disco which was to be held on 14th October. **The new date is now FRIDAY 18th NOVEMBER 2016.**

**BUNNINGS BBQ CANCELLED**

We are unable to go ahead with our fundraiser at Bunnings BBQ and are therefore cancelling it due to lack of response for helpers on the day. We understand this date was not ideal and we hope next year we can get a date earlier in the year.

From your P&F Committee

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**Committee Members**

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<th>President</th>
<th>Kerryn Cerchiaro</th>
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<td>Vice President</td>
<td>Chantal Fischer</td>
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<td>Secretary</td>
<td>Lisa Ferracane</td>
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<td>Asst Secretary</td>
<td>Claudia Sajeba</td>
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<td>Treasurer</td>
<td>Michelle Hofman</td>
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<td>Asst Treasurer</td>
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**General**

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<td>Anna Mangano</td>
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<td>Secretary</td>
<td>Carolyn Burge</td>
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<td>Asst Secretary</td>
<td>Natasha Ferreras</td>
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<td>Treasurer</td>
<td>Melissa Yong</td>
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<td>Jessica McLardie</td>
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<td>Sr Joy</td>
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<td>Nadia Abdel-Hamid</td>
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Next P & F Meeting:

18th Nov — Student Disco
PARISH STEWARDSHIP PROGRAM 2016
Our Stewardship Program continues this week as we focus on how Our Parish Communities Value Engagement. Some of our parishioners will speak at Masses over the weekend and will share with us the importance of our parishes in their lives. They will discuss their own experiences and encourage us all to be actively involved in parish life by joining and participating in our parish groups and ministries. We thank them for sharing their stories.

Parish Priest Corner
In our gospel this weekend Jesus asks us to give thoughtful consideration before committing to following him. This is a practical example of how the unexamined life is not worth living. In the earliest days of Christianity both baptism and confirmation combined to form a point of firm commitment for those seeking to be part of the body of Christ. It is also wonderful that we have an opportunity to embrace our parish through our stewardship program. On Tuesday 6th September at 7.45pm our parish will gather to share our vision for the future. On that evening Law architects will present to the parish sketch drawings and 3D Images to inform us of the vision for our parish.

Alpha 2nd gathering happened on Wednesday evening 30 people came to explore their faith and reach out to each other. It is wonderful to see this energy and enthusiasm to build the kingdom. It was amazing to hear that people came to Alpha because they were invited by another parishioner to “come and see”.

Last Saturday the National Evangelization team facilitated a one day retreat for 20 of our young parishioners. It was a day of prayerful reflection and reconciliation which inspired them to be courageous disciples of Jesus. The same evening at the Don Bosco School Hall we held our first parish Hopper night. It was a great success due to parishioners being generous with their time and talent. We raised a total of $4,500. The dancing and food was sensational. Many of us are looking forward to more celebrations like this that will bring our community together. Fr. Brendan

Word Shape Puzzle
Enter the correct words in the boxes based on the shape of the letters

1. tower 6. follow
2. build 7. finish
3. cross 8. carry
4. cost 9. complete
5. money 10. discip
God has given each of us abilities and gifts to do certain things well. Our responsibility is to nurture and use them as God would want by sharing them in the service of others.

By focussing on the needs of others, as Jesus did, we grow as individuals and so does OUR PARISH COMMUNITY.

Our Stewardship Program invites you to join and participate in our parish groups and ministries. Be involved. Stay involved.

By doing so you will ensure that OUR PARISH COMMUNITY continues to value engagement in parish life.

YOUR OPPORTUNITY TO CONTRIBUTE YOUR TIME, TALENTS AND ENERGY

What do I do?
- Complete your own Time and Talent form and return at Mass or to the Parish / School Office

What if I am already involved?
- That’s terrific - thank you!
- Please complete a new form so we know you want to continue

“Help one another – this is what Jesus teaches us and this is what I am doing, and doing with all my heart, because it is my duty. But it is a duty which comes from the heart: I love it.

I love this and I love to do it because that is what the Lord has taught me to do.

But you too, help one another; help one another always. One another. In this way, by helping one another, we will do some good.”

Pope Francis
28 March 2013

PARISHES - THE HEARTBEAT OF THE CHURCH
Helping kids focus in the age of distraction

Finding ways to turn your kids from flutters to focusers - how teaching your children to ‘stick with it’ can have lifelong benefits.

As a society we often debate about the ‘right’ amount of screen time, and with the introduction of personal screens over the last decade, to add to TV, laptops and desktops, the focus on a single task has slowly slipped away. The British Psychological Society found that two hours a day is normal for many adolescents, with many chidlren in the age group experiencing more, which can have lasting effects on a child’s still-developing brains.

Distraction is often managed through the deliberate act of re-direction or encouragement to continue the ‘But I just can’t see AF’ however, this brave new world of binge watching TV, entertainment on demand and socialisation via head held cellphones creates kids that always have options for those tasks that require some social or intellectual stimulation. If we are this new way of living and neglecting the challenge our kid’s capacity to stick with a difficult task when they have a world of entertainment at their disposal?

Dr Daniel Goleman, an award-winning psychologist and TED speaker, emphasises the need for people to engage in skills that foster emotional intelligence. Goleman’s belief is that ‘Kids learn best when they can maintain sustained attention, whether it’s what a teacher is saying, their textbook, or their homework. The rest of their learning is dependent on these distractions’.

But the new norm is for young people continually interrupting their focus with distractions.

Neuroscientists tell us that the more a young person can practice keeping focus and resist distractions, the stronger and more richly connected this child becomes. In the same tenor, the more distracted, the lesser. Rebecca, a NSW schoolteacher who is passionate about the topic, finds that the evidence is clear in our own homes and classrooms 'we now have young people who are experts at 'switching' from one device to another and she refuses to take a different approach, but without refocusing these 'switchers' to 'focusers' who risk the next generations creative or scientific pursuits. We risk losing children who are able to 'sit still' and zone over a task long enough to see it through to its marvellous end.'

Tips for helping kids maintain focus and attention

1. Build your child’s focus

As with all tasks the aim is to start small and build your child’s capacity to resist the concept of ‘switching with it’. Cash, a school counsellor, finds that she can use the same strategies with the teens she works with and her primary school aged children when she gets home. ‘It’s all about breaks and rewards. Set a timer between breaks and then on a break they need to do something active like a push-up. Then there is a little reward for staying on task for a particular amount of time.’

2. Remember it’s all about the journey

Parents and researchers agree that understanding what can be gained from being focused is the key to engaging your ‘fluttering’ child. Our attention driven society is often focused on what we receive at the end rather than the process to get there. Teaching your children to tolerate the unexpected can have wonderful benefits, as can sitting with something that may have previously been viewed as unachievable.

3. Keep calm and focus

Use calm methods to engage children who become distracted: breaths, walks and high five each other when working alongside your child or when with a group of children. Talk about what might be achieved at the end and make it a fun process.

Signs, for all their negatives and benefits, are here to stay. Many argue that they provide convenience and new experiences to our children’s world by identifying exciting technologies but they also provide an excuse to ‘go out of the way’. Ideas are fine, but achieving what you thought was unattainable by engaging in a single focus and ‘switching with it’, can provide lifelong lessons.

Sarah Wayland

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FAB weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did.

parentingideas.com.au