Dear Parents,

Our school production is fast approaching and we had our ‘in school’ dress rehearsal today. APP-SOLUTELY EVERYBODY was created to reflect and highlight some important aspects of our social and emotional learning through the Fun Friends, Friends for Life and Friends Youth Programs. These programs, specifically developed by world-renowned child psychologist Professor Paula Barrett and recognised by the World Health Organisation, were adopted by Trinity this year to enhance social/emotional competence and resilience, and to decrease and prevent worry and emotional distress. The program teaches cognitive, behavioural strategies which correspond to several areas of social and emotional learning through the acronym of FRIENDS.

F = Feelings
R = Remember to Relax. Have quiet time.
I = I can do it! I can try my best!
E = Explore solutions and Coping Step Plans
N = Now reward yourself! You’ve done your best!
D = Don’t forget to practise!
S = Smile! Stay calm and talk to your support networks!

It works on the premise that our body is our FRIEND and tells us when we are feeling worried or nervous by giving us clues. It is important to learn to be our own FRIEND, and reward ourselves when we try hard. It is important to make FRIENDS, so that we can build our social support network and feel happier. The skills and strategies taught in the FRIENDS programs can help us to cope with difficult situations more effectively. These skills need to be used throughout life when faced with challenges. We are currently reviewing the success of the first year of implementation and will be seeking both student and parent feedback.

The production provides a fantastic opportunity for authentic learning in the Performing Arts area of the AusVELS curriculum and is assessed accordingly. It is an expectation that students from Prep to Year 4 participate in the production. If your child is unable to participate, a letter explaining this is required. Tickets for the production can be purchased on-line through Monash University. Students performing in the production DO NOT need to purchase a ticket as there are seating areas reserved for performing students. Tickets are available at http://tinyurl.com/lnwhvzc or phone the box office on 9905 1111. It has come to our attention that 38 tickets have been allocated for Primary School students with no charge to them. For primary aged students (under 12 years OR grade 5 & 6 students not performing) tickets are $10. If you have nominated tickets under the “Primary school” section with no charge, please return these tickets to the school office as soon as possible.

We congratulate and thank Performing Arts teacher Helen McPhail for her creativity in writing the Production script, and for the energy and drive, she and Suzanne Zammit have afforded to the preparation of the production.
The Camp Information evening for our 2015 Year 5 and Year 6 parents is on tonight (Thursday 23rd October). The Year 5 camp information session begins at 7.00pm and the Year 6 camp information session begins at 8.00 pm. Details of the camp, forms and payment plans will be discussed at this meeting.

Planning for the 2015 school year is well underway. If parents have any genuine reasons for class placement requests for next year could you please put them in writing and have them handed to Mr Dell’Oro by Friday 31st October. An enormous amount of time and effort is put into the creation of class lists and many factors are taken into consideration by staff. A written request will be considered on its merits but is not a guarantee. Who is teaching which grade has not yet been decided so please do not request certain teachers. At Trinity we work on a whole school approach and we are blessed to have a committed teaching staff who collaborate together to give the very best learning opportunities to all the students in our care.

We warmly welcome back Miss Michelle Nolan (Prep N) from her travels around Ireland and Europe.

We look forward to gathering as a school community next week (Thursday 30th October) for our school Production to celebrate and showcase our students’ learning, talents and creativity in the Performing Arts area.

Please see information on our Working Bee which is on 16th November further in the newsletter, all welcome and remember “many hands make light work”.

Regards,
Mrs Liz Jones and Ms Diana Jans
Deputy Principals

---

**SCHOOL CLOSURE DAYS**

Please note the next Student Free Days are on:

**MONDAY 3rd NOVEMBER 2014**

**TUESDAY 4th NOVEMBER 2014**

---

**2015 PREP PARENT INFORMATION**

Thursday 6th November  
Parent Information Session to be held at 7.00pm the School Library.

Tuesday 11th November  
1st Orientation session  
Times 9.15am – 10.15am, 11.30 – 12.30pm, 2.00pm – 3.00pm  
Parents will be asked at the Information session to choose one of the above times for the 1st orientation session.

Wednesday 19th November  
2nd Orientation session - 9.00am – 10.30am

Thursday 27th November  
3rd Orientation session - 9.00am – 10.30am

Please note, we now have three orientation sessions. Not two as previously advised.
Dear Parents

The Sacrament Program in our parish, initiated in 1998, under the guidelines of The Diocesan Policy promotes a collaborative approach to growth in faith where family, parish and school each carry out their particular role with the faith development of the child as the central focus. The program has also been responsible for creating a sense of belonging, fostering an awareness of the wonder of God and challenging our children to live out the Gospel values, all of which has enriched the life of our parish.

To be able to implement the Sacrament Program more effectively and efficiently and to sustain this ongoing ministry in the parish the Sacrament Team has streamlined the program for 2015.

The Sacrament Program for 2015 will be run in the following way:

The Parish will hold:-

- ONE Enrolment Night / Parent workshop in the year for each of the Sacraments. (First Reconciliation, First Eucharist and Confirmation) and eight Parent and child workshops per sacrament per year. (It is mandatory that parent/s attend the Enrolment Night/Parent workshop and ONE Parent and child workshop for the relevant Sacrament, however if you are unable to attend any of these important formation nights, we request that you enrol the following year.)
- Sixteen celebrations in the year for the Sacrament of Reconciliation.
- Thirty two masses over eight weekends for the Sacrament of First Eucharist, providing families an opportunity to choose from four masses - Sat 6pm, Sun 9.15am, 11am and 6pm (with a limit of eight children per Mass).
- Four masses for the Sacrament of Confirmation, a reflection day for the Confirmation candidates and rehearsals prior to the celebration as in previous years.

More information regarding the dates for all the Sacraments will be outlined in the Sacrament Program Booklet for 2015 and will be available from the Parish and the schools in the first week of December.
To ensure that the Sacrament Program meets the high standards established by the diocese for the pastoral care and Sacramental preparation of our children, we have made minimal adjustments to the levies, bearing in mind the financial demands faced by our parish families.

The following changes have been made to the way the Sacrament Program will be funded from 2015 and beyond:-

- Children enrolled in our three Catholic primary schools will pay a Sacrament Levy of $22.00 per child per year and will not pay an enrolment levy at the enrolment night.
- The children attending public/state schools will be paying an enrolment levy of $55.00 ($15.00 more than the current levy) at each enrolment night.

These changes will make a significant difference to the pastoral responsibilities of our parish. We will be more visible in matters of faith and outreach, and ensure that the parish provides more opportunities for an intimate celebration of the Sacraments for all the children and their families. Our parish will continue to be a supportive community where young people learn that they are welcomed, loved and valued as they explore their own sense of faith and spirituality.

We look forward to supporting you and your families as we journey together in faith.

Yours sincerely

Fr. Brendan Hogan
Parish Priest
Term 4 accounts have been sent home. School fees for Term 4 are $400. This amount and any arrears are to be paid by **10th November 2014**. Since it is the end of the school financial year all accounts must be finalised by the above date. If you are leaving Trinity, including all year 6 families, your accounts must be finalised otherwise your debt will be handed to the debt collection agency. If you are having difficulties please make an appointment to see the Principal.

If you wish to pay by Direct Debit, forms are available from the office. Also, Fees can be paid by instalments. These accounts can be paid by Cash, Cheque, Eftpos, BPay and Direct Debit.

**CAMP FEES 2015** for Grades 5 and 6 students have been added onto your account.

**GROUNDS COMMITTEE MEETING**

**TUESDAY 28TH NOVEMBER 2014**

7pm in the Staffroom

On Sunday, 16th November from 9am until 12noon we are having a Working Bee. If you can offer your assistance, even if only for an hour or two, it would be greatly appreciated. Please complete the reply slip and forward to the school office or simply email the office on info@trinitynarre.catholic.edu.au.

**WORKING BEE**

**SUNDAY 16TH NOVEMBER**

9am until 12noon

The ________________________________ Family will be attending the working bee.

Number attending: _______________________

Names: __________________________________________________________________________

________________________________________________________________________________

You will need to bring whatever gardening tools you have with you. Thank you for your support.
WANTED !!!
The Art room is still in need of empty paper towel rolls. If you have some in your recycling could you please drop them into the office. Please note that we cannot use toilet rolls, they must only be paper towel rolls. Hoping you can help!

BOOK CLUB ORDERS
Are due on MONDAY 27th OCTOBER

Please make sure you put your child’s name on the top of the order form, it makes it very difficult when the order comes to know who has an order if the name is not on it.

Please place payment in an envelope and write your child’s name and class on the front. If you wish to pay by credit card, go onto the scholastic website and there is a section where you can make a payment (please do not order your books online), the books are ordered as a class group. Thank you for your co-operation in these matters.

Trinity Catholic Primary School Board
ANNUAL GENERAL MEETING
Thursday 20th November 2014
7.00pm

There is a nomination form attached at the end of this flyer if you wish to nominate.

CHRISTMAS TABLE
Sr Joy and the Craft Club have been busy making Christmas gifts and they are now for sale in the foyer. If you are looking for Christmas presents for those people who are hard to buy for or stocking fillers then have a look at the Craft Club’s Christmas Table.

REMEMBRANCE DAY
To support the RSL, Trinity has a variety of poppies and wristbands now available for purchase at the office. From next week the SRC will also be visiting each class before recess and lunch for children to purchase these items if they wish.
App-solutely Everybody!!

THE COUNTDOWN IS ON…..SOME IMPORTANT REMINDERS!

Rehearsal Robert Blackwood Hall Thursday 30th October:
ALL excursion notices for the rehearsal day must be in on Monday 27th Oct. The children will rehearse in their school uniform NOT costumes. Each grade level will attend rehearsal at Robert Blackwood Hall at an allocated time during the day. Senior actors and backstage helpers will be required to stay most of the day.

Performance: Thursday 30th October
Children are to come to the evening performance dressed in their costume. Make-up is optional. Parents are responsible for the application and removal of their child’s make-up. The Foyer opens at 6pm. Children are to be there no later than 6.30pm for a 7pm start. Children are to be dropped in the foyer with their classroom teacher and collected from the same spot at the end of the evening. Senior actors, dancers and backstage helpers will have an allocated meeting place in the foyer with Mrs Pepper and Mrs Finkelde.

Parking is free at Monash in the evening.

Tickets are on sale and are available only online. Please see the attached flyer for information.

Photographs: Audience members are not permitted to take photos during the performances. Class photos will be taken of the children on Dress Rehearsal day. These will be available at the office at a minimal cost.

DVD: The production will be filmed by Video Essentials and order forms for the DVD have been sent home and there is one attached to this newsletter. Orders must be returned to the classroom teacher by Friday 7th November and the DVD will be available for pick up from the school the following week. Please see the order form for further information.
DATE: 30th October 2014
TIME: 7pm

LOCATION: Robert Blackwood Hall, Monash University Clayton

To purchase tickets for our school production you need to go to this link:

http://tinyurl.com/Inwhvzc

Ticket prices are as follows: Adult $15 and Child $10

PLEASE NOTE that prams are not allowed in the auditorium. Children sitting on a lap and who don't take up a seat are free.
For Year 7 students commencing at St Francis Xavier College in 2015

The Gary Lechte Group Music Scholarship is awarded to a student in Grade 6 (for entry into Year 7) on the basis of an audition, school reports and an interview.

The 2015 Instrumental Music Scholarship is tenable until the completion of the 2015 school year and covers all Instrumental Music Tuition Fees on your choice of instrument.

The successful applicant will be required to perform at the St Francis Xavier College Presentation Night on **Thursday November 27, 2014**.

Auditions will be held during Term 4 at the Berwick Campus.

Application Forms are available on the College Website and must be received no later than **Friday October 31, 2014**.

[www.sfx.vic.edu.au](http://www.sfx.vic.edu.au)

If you have any further queries, please contact:

Mrs Patricia Dulude—Head of Performing Arts

9707 3111

pdulude@sfx.vic.edu.au
Items in **bold type** will be school closure days or extremely important dates.  

**SCHOOL CALENDAR**

**OCTOBER 2014**

<table>
<thead>
<tr>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>20</strong></td>
<td><strong>21</strong></td>
<td><strong>22</strong></td>
<td><strong>23</strong></td>
<td><strong>24</strong></td>
<td><strong>25</strong></td>
</tr>
</tbody>
</table>
| Grades 3 & 4 incursion | Grades 3 & 4 incursion | | Dress Rehearsal Photos  
Grades 5 & 6 parent info meeting | | 6pm First Eucharist Celebration | 11am First Eucharist Celebration |
| **27** | **28** | **29** | **30** | **31** | | |
| | **7pm Grounds Committee Meeting** | | School Production | | |

**NOVEMBER 2014**

<table>
<thead>
<tr>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>3 NO SCHOOL STUDENT FREE DAY</strong></td>
<td><strong>4</strong></td>
<td><strong>5</strong></td>
<td><strong>6</strong></td>
<td><strong>7</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>NO SCHOOL MELB CUP DAY</td>
<td></td>
<td>7pm 2015 Prep parent info meeting</td>
<td>Prep Incursion - Recycling</td>
<td></td>
</tr>
<tr>
<td><strong>10</strong></td>
<td><strong>11</strong></td>
<td><strong>12</strong></td>
<td><strong>13</strong></td>
<td><strong>14</strong></td>
<td><strong>15</strong></td>
</tr>
</tbody>
</table>
| 7pm P &F Meeting in the staffroom | NO SCHOOL FOR PREPS  
2015 Prep Orientation 9.15 11.30 & 2pm  
7 pm Carnival committee meeting | 7pm First Reconciliation Celebration | TOM mini tournament and showcase  
6.30 — 8.30  
Gr 5 Incursion | P&F Disco Prep—2  
5-6pm Gr's 3-6  
6-7pm  
Gr 5 Incursion | 10.30am First Reconciliation Celebration | 9am—12pm Working Bee |
| **17** | **18** | **19** | **20** | **21** | **22** | **23** |
| | Gr 4 Excursion to Sports Museum  
Prep Incursion Bully Bullring | | 2015 Prep Orientation 9am — 10.30 | 7pm School Board AGM | Family Portraits  
9am — 4.30pm | Family Portraits  
9am — 4.30pm |
| **24** | **25** | **26** | **27** | **28** | **29** | **30** |
| | | | 2015 Prep Orientation 9am — 10.30 | P&F Baked Potato Day | 6pm First Eucharist Celebration | | |

**JUNE 2014**

<table>
<thead>
<tr>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1</strong></td>
<td><strong>7pm P &amp;F AGM in the staffroom</strong></td>
<td><strong>2</strong></td>
<td><strong>3</strong></td>
<td><strong>4</strong></td>
<td><strong>5</strong></td>
<td><strong>6</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Prep—Swim Safety Program</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Happy Birthday to the following children who will celebrate their birthday next week.

27th October  Teale, Ashton and Tabatha
28th October  Levi
29th October  Allanah
2nd November  Eowyn, Killian and Laura

CANTEEN ROSTER
MONDAY—MIDDLE and SENIOR
MONDAY 27th OCT  
+ Suzanne Wells
# Rena Losurdo
FRIDAY 24th OCT  
+ Claudia Sajeba
# Daniela Cini
FRIDAY 31st OCT  
+ Carolyn Burge
# Connie Bird
FRIDAY 7th NOV  
+ Celeste Vogrig
# Anastasia Barker
MONDAY 3rd NOV  NO SCHOOL
MONDAY 10th NOV  
+ Ana Slavuj
# Astrid Buissink
ABSENCE FROM SCHOOL

In the case of illness a phone call in the morning on the day they are absent.

If you are going on holidays or your child will be away for an extended period you must advise in writing BEFORE you leave.

Thank you.

All parents/Guardians wishing to help in the classroom, canteen or attend excursions MUST have completed the PARENT HELPER WORKSHOP and hold a current WORKING WITH CHILDREN CARD.

Further details are available from the school office. All parent/guardian helpers must sign in at the office before proceeding to the classrooms. Your current Working with Children card must be displayed at all times when working in the classrooms and attending excursions.

TRINITY CAR PARK

- For greater safety and visibility, we are requesting that all drivers reverse park into the marked bays.
- Thank you all who use the pedestrian crossing area. You are demonstrating to your children correct road safety practices. Once children cross the pedestrian crossing into the parking area, they, for their safety, need to be placed into vehicles promptly. The car park is NOT a meeting area.
- The lane around the edge of the car park (closest to the oval) are for vehicles waiting to pick children up from the Pick-up Zone ONLY.
- The two parking bays closest to the office path are the PICK-UP ZONES. These are NO STANDING zones. If your children are not ready to get into your car as you pull up to the pick-up zone, you must continue on and rejoin the end of the pick-up queue.
- There is NO RIGHT TURN when exiting the car park. All vehicles must turn left for the safety of others and to maintain traffic flow.
- THE GATES CLOSE AT 9.00am AND RE-OPEN AT 3.00pm. Occasionally they might re-open slightly later due to school activities.

Thank you for your patience and consideration of others.
We pray for: a young Mum, not from our school, who is due to give birth next week and there is the great possibility that the baby or herself or both of them may not survive; those facing the horrors of war; those who are sick, in hospital or at home and those who care for them.

COOK –UP FOR FAMILIES: Thank you all for supporting the cook-up we had yesterday for families who could do with a meal because of new babies, illness etc...I say this because by purchasing second-hand uniform pieces you are financing this ministry. I spent $100.00 on the ingredients. Anna Mangano supplied the onions, potatoes and carrots and Sophie Hollow supplied the fresh eggs and broccolini. Anna Mangano and Maryanne McHaffie came and cooked with me and, as usual, we had a fair bit of fun! We cooked up 12 different dishes and so the Family Freezer is now quite full.

School Uniforms: Thank you to those families who have sent in such beautifully laundered school uniform pieces which their children have out-grown. They are always very welcome. So at present, we have plenty of blue polo tops, yellow polo tops and boy’s shorts. We also have some larger sized school dresses which I know a couple of you have been wanting.

GARDEN CLUB: Today we hope, weather permitting, to pull the spring onions; mulch the strawberry plants with sugar cane mulch (and eat a few if they are ripe!); and do a little planting of beetroot seeds and watermelon seeds. Thank you to Doug Rodrigues, father of Brianna (1TM) who sent in some tomato seedlings and eggplants last week for us to add to our garden.

CHRISTMAS CRAFT STALL: is now up in the Reception area. It contains Christmas soap bon-bons; Christmas lavender umbrellas; Christmas tree decorations; Christmas magnets; Christmas hangings; Christmas owls (both large and small); Christmas tea bags; Christmas table runners; Christmas mice; Christmas stockings (with candy cane); Christmas cards. All these items have been hand made by the members of the Craft Group. There is a price list on the wall behind the table. Enjoy your shopping!

We are now up to the 30th week in Ordinary Time...4 weeks to Advent! The Gospel this weekend comes from Matthew’s Gospel and speaks of The Greatest Commandment “to love God with all your heart, soul and mind and to love your neighbour as yourself”. So easy to say but often so hard to do! And so we pray:

Lord, we want to always love You and 99% of the time we do very well! But our neighbour is often another question! Sometimes we want them to be like ourselves! But You knew it would be very boring having all people the same! We are such a variety of personalities and when all put together we resemble You! So God, with Your help may we love each other as you want. Amen
Hi All,

As the end of the year gets closer please keep an eye out for important notices for upcoming events.

The P&F AGM will be held on Dec 1st at 7pm in the Staff Room. Nominations will be accepted until 3pm 28th Nov 2014. You do not have to be at the AGM to nominate for a position.

**Term 4 Events**

*Kids Disco* will be held **Friday 14th Nov 2014**. It has been decided that this will continue to be a free event, and will be split into 2 discos. Prep-2 will be from 5-6pm and 3-6 will be from 6-7pm. Forms will go home at the end of Oct.

*Family Photo Portrait Fundraiser* will be held in the school hall on **Saturday Nov 22nd and Sunday Nov 23rd**. Details are in the flyer attached.

If you would like to book a family photo please call Melissa Moore on 0416025494. If you have already booked a time please remember to put your $15 sitting fee into a clearly labelled envelope and leave it at the office. You booking is not confirmed until payment has been made.

The photographer has guaranteed that the photos will be back before the end of term so you will be able to have them as Christmas presents.

*Baked Potato Day* - **Friday 28th Nov 2014**. This event has always been so much fun for the kids and the parents that help out. Many thanks to the Cerchiaro Family for the donations for the event. It would not run without your support. We are keeping the price the same as previous years, a baked potato and drink (juice or water) will cost $5.

Forms will go home in early November for this one also.

**Trinity Business/Trade Directory**

“Linking school families with Trinity family businesses”

If you have a business or trade and would like to advertise online with us please contact Melissa directly at wandmмоore@bigpond.com or 0416025494.

Please take the time to go to the school website and take a look at the business directory.

Did you enjoy the events this year: Prep welcome night, Crocs Play Center, Mother’s/ Father’s day stalls, Trivia night and raffles!!

Trinity requires volunteers to become involved in the P&F Committee to continue to bring the school community together and raise funds for our school facilities for the benefit of our children’s education.

If you would like to become more involved and meet new people from the school community whilst helping out Trinity then please consider joining the P&F Committee. If you wish to nominate for a position please fill in this form and return it to the Office.

All positions are open for nomination.

Nominee (Full Name):

Contact No:

Eldest Child Class:

Nominated Position:

The P&F Committee meet the first Monday evening of the month (excluding school holidays) in the school’s Staffroom at 7pm.

If you are unable to attend the meetings but would like to help out at various events throughout the year please leave your name and contact number with the school office.
Raise $$$ for your organisation and receive a beautiful 8x10 inch family portrait valued at $75.00
When you pay your sitting fee of $15.00

Where: Trinity Catholic Primary School
103-129 Oakgrove Drive Narre Warren South
9am to 4.30pm
Saturday 22nd and Sunday 23rd November

Here's how it works
Book a convenient 20 minute time slot by visiting or calling your pre-school/school and paying your $15.00 sitting fee.
On the photography day, the photographer will take as many poses as you wish within your timeslot.
After your photography session, your proofs will be e-mailed to you together with easily affordable price options.
From there you may select your favourite 8x10 Inch family photo and packages which can be made up of other photos taken.
Your photos will be sent to your organisation's coordinator for collection.

Book your photo session by calling Melissa on 0416 025 494

*Please note: Your complimentary photo must feature at least one adult. The same person cannot feature in two offers.*
The secret to raising happy, confident kids

Despite what you may think, the fundamental job of the parent has not changed since the dawn of time. And it's never too early to start.

The first habit from Stephen Covey's wonderful book The 7 Habits of Highly Effective People states that we should start every project or undertaking with the end in mind.

This principle holds true for any activity whether it's planting a vegie patch, renovating a house or raising children. When you know what you are trying to achieve then choosing the right strategies becomes easy.

The end game or goal for parents is redundancy. Yep, you read it right. Your job is to make yourself redundant as a parent from your child's earliest possible age. It always has been and always should be.

When redundancy is your aim most of your time, effort and energy will go into promoting independence. You'll stop doing things for kids and start giving them opportunities to do things for themselves. You'll spend most of your active parenting time teaching, explaining and prodding your child toward independence.

INDEPENDENCE LEADS TO THE 4 CS

When independence becomes your priority, suddenly will reveal a pathway to the development of other positive qualities and traits in your children. These include the key four: confidence, competence, creativity and character. Here's how:

Confidence comes from facing your fears and doing things for yourself.

Competence comes from the opportunity to develop self-mastery that independence offers.

Creativity is developed when kids solve problems themselves as opposed to someone solving them on their behalf or, worse, sheltering them from any risk of harm.

It's amazing how resourceful kids can be when they are given the chance to resolve their own problems.

Character, which is essential for success, is forged under hardship and is needed if kids are to live a sturdy life. Kids need to be exposed to disappointment, failure and conflict if character strengths such as grit and perseverance are to be forged.

INDEPENDENCE TAKES MANY FORMS

Independence has many guises and can be developed in many ways, though in the end it is adults who are the gatekeepers for their children's independence.

On a basic level developing independence is about developing children's autonomy. Without realising it, many parents make choices on their children's behalf. Kids build self-confidence when they do things for themselves, and make their own decisions.

Independence is built when children spend time in unpredictable circumstances and environments such as the bush, and also have the opportunity to navigate their neighbourhoods on their own. There may be some risk involved but that is where the learning lies. Eliminate the risk and you eliminate the learning.

Allowing kids to follow their own impulses even if they are different to your own is the key to gaining independence. This may mean that your children choose healthy interests and pursuits that you are unfamiliar with, or even swim against the tide of your wishes.

Allowing kids to take responsibility and own their own problems builds confidence and competence. Start by expecting kids to help at home. Look for ways to develop self-help skills and don't take their problems on as your problems.

MANAGE VISUALLY

When your end game is redundancy and your priority is independence building then managing your kids in a visual way becomes your most obvious strategy. Management by mouth, in contrast, is a dependency strategy. So talk less, use signs, lists and rosters backed up by consequences to develop independence and responsibility in your children.

CREATE JUNIOR VERSIONS OF INDEPENDENCE

It can be scary and also difficult developing independence in one big step. So smart parents intuitively develop junior versions of independence by breaking up big activities into digestible bits. Want your three-year-old to make the bed? Then start by arranging the teddies and the pillows (a junior version of making the bed) and let them work their way up from there. Similarly, if you want your five-year-old to walk to school on his own but it's currently beyond him, then accompany him most of the way and let him walk the last 200 metres on his own. That's a junior version of walking to school.

In all the noise and commotion about raising kids today it's easy to forget that the job description for parents hasn't changed since the dawn of time. Love them, bond with them, teach them and spend time with them. But also work like mad to develop their real independence so they become capable of handling what life will throw their way.

Then you'll know your job as a parent is done! It doesn't mean you won't stop worrying about them ... that's a story for another time. But it does mean you've finished the main task of parenting, that is, to make yourself redundant at the earliest possible age.
Trinity Catholic Primary School Board

PARENT REPRESENTATIVE NOMINATION FORM

To complete this form it must be signed by both the nominee and the nominator.

A nominee is deemed to have read, understood and agrees to abide by the Code of Ethics for the School Board – a copy is available at the School Office. (These must be signed by all new representatives upon election)

Nomination Forms need to be completed and returned to the School Office no later than THURSDAY 31st OCTOBER, 2014.

<table>
<thead>
<tr>
<th></th>
<th>Signatures</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nominee (Full Name)</td>
<td></td>
</tr>
<tr>
<td>Nominated by (Full Name)</td>
<td></td>
</tr>
<tr>
<td>Grade level of children (nominee only)</td>
<td></td>
</tr>
</tbody>
</table>

Reason for joining the School Board: (In the event of a vote, your reason will be published on the Ballot Form.)

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
Trinity Primary School Concert 2014

“App-Solutely Everybody!” DVD order form

The Trinity Primary School concert for 2014 will be recorded professionally by Video Essentials using a two camera HD portable digital video studio. The end product will have a highly professional look with a variety of wide angle and close up footage. You won’t have to put up with a constantly moving single camera zooming in and out and you'll get to see your child far more often in the finished product.

If you would like to order a DVD copy as a record of the evening, please fill in the form below and return it to school in an envelope. The cost of the DVD is $26 All DVDs come with customized covers and labels. A highlights segment will feature at the start.

Please return this order to your classroom teacher by Friday 7th November. Your DVD will be available for pick-up from school the following week.

(Place in an envelope with your name, class and the amount enclosed on the front.)

--------------------------------- cut here --------------------------------

VIDEO ESSENTIALS (ABN: 84790629128)

Trinity Primary School Concert 2014

“App-Solutely Everybody!” DVD order form

Name: __________________________ Class: __________

I would like to order ___ DVD/s at ($26 per DVD )

I enclose cash / cheque for the amount of $ _____

(Place in an envelope with your name, class and the amount enclosed on the front.)

Cheques payable to “Video Essentials”