Dear Parents,

Today, during lunchtime, the students practiced a lockdown procedure. Please be aware that we were not responding to an incident, it was just a trial run so that the students would know what to do in the unlikely event that we had to respond to an emergency.

Next Friday, the 6th, is Grandparents Day at Trinity. We have been thrilled with the amount of people who have responded that they are coming. I remind families that the children are most welcome to bring along a special friend if their grandparents cannot attend. Hopefully we get some great weather!!

The outline of the day is as follows:

- **8.45am** – Arrival.
- **9.00am** – Mass (outdoor, celebrated on the soccer pitch to accommodate the large numbers).
- **10.00** – Grandparents visit classrooms and participate in activities with their grandchildren.
- **11.00** – Shared morning tea for Grandparents in hall. Due to numbers we cannot have the students at the morning tea. Please note we are asking families to donate a plate of food to contribute to the morning tea. Please fill in the catering form attached with this newsletter indicating what you can donate.

Nominations are being taken for the Education Board, we have several positions available. If you would like to nominate please fill in the form attached with this newsletter and return it to the office by Friday the 6th of November.

In line with the Reality Therapy / Choice Theory that we are exploring here at school I have included the following things to keep in mind when trying to support a child who is struggling to do their job either at home, in the classroom or on the playground.

- No problem is too big that we can’t share it.
- All problems are relationship problems.
- We are always doing the best we know how, at the time.
- There is nothing that cannot be learnt.
- We work to stay connected with the child.
- Environment is everything. The environment needs to be warm, open and trusting.
- Establish boundaries, articulate them clearly and maintain them consistently.
- Move from the least intrusive to the most intrusive action.
- Appropriate behaviour is a learning process. We learn from our experiences.

A reminder that school will be closed on Monday the 2nd of November (Report Writing Day), and Tuesday the 3rd of November (Cup Day). I hope that all families enjoy a relaxing long weekend.

Regards,

Simon Dell’Oro
Principal
2015 SCHOOL FEES
Accounts for Term 4 fees of $415.00 have been sent home. This amount and any arrears are to be paid by 6th November 2015. Since it is the end of the school financial year all accounts must be finalised by the above date. If you are leaving Trinity, including all Year 6 families, your accounts must be finalised otherwise your debt will be handed to the debt collection agency. If you are having difficulties please make an appointment to see the Principal.
Payments can be made by Cash, BPay ($50 min amount), Cheque and EFTPOS. Payments can be made in instalments. Direct Debit facilities are available.

CAMP FEES
Grade 5 camp fees $265
Grade 6 camp fees $480
These amounts have been added to your account. A Payment plan is available from the office. Direct Debit facilities available.

LEAVING TRINITY??
If your child is not in Year 6 and NOT RETURNING to Trinity next year, could you please advise the school in writing providing the date when the child will finish at Trinity and where they will be attending in 2016.

We require this information as soon as possible to assist in the preparation of class lists for next year.
Thank you.

2016 PREP PARENT INFORMATION

Thursday 5th November Parent Information Session to be held at 7.00pm the School Multi Purpose Room.

Tuesday 10th November 1st Orientation session
Times 9.15am – 10.15am, 11.30 – 12.30pm, 2.00pm – 3.00pm
Parents will be asked at the Information session to choose one of the above times for the 1st orientation session.

Wednesday 18th November 2nd Orientation session - 9.00am – 10.30am

Thursday 26th November 3rd Orientation session - 9.00am – 10.30am

SCHOOL CLOSURE DAYS
Please note the following School Closure & Student Free Days
MONDAY 2nd NOVEMBER (Student Free Day)
TUESDAY 3rd NOVEMBER (Melbourne Cup Day)
GRADE 5 PARENTS
The next Committee meeting for the Grade 6 Graduation Dinner will be held next Wednesday 4th November at 2.15pm. All grade 5 parents are very welcome to attend the meeting.

Thank you to all the ladies who have volunteered to help in some way to make this night a special occasion for our Grade 6 students.

We are still in need of some extra help on the day/evening. If you can help even for 1-2 hours at any time, please contact the office and we will pass your details onto the committee.

If you have given your details and have not been contacted please let me know. Thank you all for your assistance in making this a great day and you will be able to sit back and relax next year.

Glenice Shortal

ART ROOM NEWS
HELP NEEDED PLEASE!

Mrs Knowles, in the Art Room, needs a little help hemming 47 pieces of black cotton drill. The fabric pieces are roughly the size of tea towels and need to be stitched on a machine. If you can help by sewing even 1 or 2, please leave your contact details with the office. Any help will be really appreciated.

Regards,
Jenny Knowles—Art Teacher

OLHC FETE  RAFFLE TICKETS

Could all raffle tickets (sold or unsold) and money be returned to the school office by next Friday 6th November.

Thank you.

CASUAL DRESS DAY— BRING A MYSTERY JAR!
THURSDAY 5TH NOVEMBER

The Parish has asked our families to support the Fete on Saturday 7th November. We ask all families to donate a Mystery Jar (jam jars, pickle jars etc) filled with unused items such as Girls Hair accessories, Stationery, Stickers, Small Toys, Marbles, anything you can think of.

On this day the children will be able to wear casual clothes to school if they donate a mystery jar.

OLHC PARISH FETE — 7TH NOVEMBER 10am to 4pm
RIDE WRISTBANDS FOR SALE FROM THE SCHOOL OFFICE

There are going to be some fabulous rides like the Giant Titanic Slide, Jumping Castle, Rock Climbing, Cup and Saucer Ride, Cha Cha ride, Old Western Train and more...

You are able to pre-purchase a wristband from the school office for $25.00 each, but if you wait until the day of the fete it will cost $30.00 each. Single rides will be $5.00 per ride on the day.

SO DO YOURSELVES A FAVOUR AND PRE-PURCHASE AND SAVE YOURSELVES $5.00 per wristband.
Our Grandparents Day is fast approaching. The students and staff are looking forward to this day and by the replies we have had, we are expecting a large number of Grandparents.

To help with catering, we would like to ask families if they could please bring a plate of food on the day to share.

If you are able to help, please indicate below what you will be bringing.
We thank you all for your generosity in anticipation of a great day.

---

**GRANDPARENTS DAY - Friday 6th November**

Family Name: 

We will be able to help by providing: -
(please choose one)

- [ ] Sandwiches
- [ ] Fruit Platter
- [ ] Cakes
- [ ] Biscuits
IMPORTANT REMINDERS

There is a **3.30pm** bell every afternoon, this is to notify you that the car park gates are about to be locked. If you are still in the carpark when you hear this bell, please remove your car immediately. Thank you for your co-operation in this matter.

Cars must be removed from the carpark by **9am** this is when the gates are locked. If you are attending Mass on a Friday, please make sure your car is not in the carpark after 9am. Once again, thank you for your co-operation in this matter.

Please return your RSVP slips which were sent home last term. If you require a new form please visit [http://ict2015.global2.vic.edu.au/](http://ict2015.global2.vic.edu.au/) - Cyber Safety Presentation

To get more tips on how to keep your child safe online attend the upcoming Cybersafety Presentation at Trinity on **Thursday 26th November 2015 6.30 — 8pm**
ALL SOULS DAY  
November 2nd

On Monday 2nd November the Catholic Church celebrates All Souls Day. On this day we prayerfully remember all our loved ones who have died and are now at peace with God in Heaven.

To honour our loved ones, we invite families to fill out the candle below and return to school by the 30th October so we can create a remembrance display in the Atrium.

On this day, with love in our hearts, we remember

……………………………………
……………………………………
……………………………………
……………………………………
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All Souls Day  
November 2nd 2015
Items in **bold type** will be school closure days or extremely important dates.

**SCHOOL CALENDAR**

**OCTOBER 2015**

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<tr>
<td>7pm Carnival Meeting</td>
<td>2016 Camp Information Night 7pm Grade 6 7.45pm Grade 5</td>
<td>7pm First Reconciliation Celebration</td>
<td>Mass—Prep Assembly Yr 4</td>
<td>10.30am First Reconciliation Celebration</td>
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**NOVEMBER 2015**

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<tr>
<td>SCHOOL CLOSURE DAY</td>
<td>PUBLIC HOLIDAY MELB CUP DAY</td>
<td>Prep Incursion Instruments</td>
<td>Prep 2016 Info Night</td>
<td>MASS — Grandparents Day 8.45—11.30am</td>
<td>Parish Fete 6pm First Eucharist Celebration</td>
<td>9.15am, 11am &amp; 6pm First Eucharist Celebration</td>
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<tr>
<td>7pm P &amp; F AGM Meeting</td>
<td>Prep 2016 Orientation 9.15—10.15 11.30—12.30 2pm—3pm</td>
<td>REMEMBRANCE DAY</td>
<td>Mass—Yr 1 Assembly—Prep</td>
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<td>Yr 6 Excursion Taskworks</td>
<td>Prep 2016 Orientation 9.00—10.30</td>
<td>7pm School Board AGM Meeting</td>
<td>Mass—Yr 2 Assembly-Yr 5</td>
<td>6pm First Eucharist Celebration</td>
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<td>9.15am, 11am &amp; 6pm First Eucharist Celebration</td>
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<td>Cybersmart 6.30-8pm Prep 2016 Orientation 9.00—10.30</td>
<td>Mass—Prep &amp; Yr 6 Buddies Assembly-Yr 2</td>
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**DECEMBER 2015**

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<td>Swim Safety Gr’s 1 &amp; 2</td>
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<td>Mass—Yr 3 Assembly—Dance Clubs</td>
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</table>
Happy Birthday to the following children who will celebrate their birthday next week.

2nd NOVEMBER   Eowyn, Killian and Laura
4th NOVEMBER   Olivia
5th NOVEMBER   Anabel, Bianca, Harliv and Ethan
6th NOVEMBER   Natasha and Katelyn
7th NOVEMBER   Matthew and Evan
8th NOVEMBER   Yejin and Benjamin

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**Canteen Roster**

**TUESDAY** — PREP and JUNIOR

**THURSDAY** — MIDDLE and SENIOR

+ 8.45—10.30approx

# 11.45—1.30approx

**THURSDAY 29th OCT**

+ Tracy Hynd

# Leonie Kelly

**TUESDAY 3rd NOV**

NO SCHOOL

MELB CUP DAY

**THURSDAY 5th NOV**

+ Janelle Macdonald

# Mariane Mikhael

**TUESDAY 10th NOV**

+ Luisa Locandro

# Lisa Cini

**THURSDAY 12th NOV**

+ Rebekah Lee

# Claudia Sajeba

**TUESDAY 17th NOV**

+ Help Needed

# Adele Pettenuzzo

---
A reminder to all Parents/Carers, supervision by School Staff begins at 8.30am before school and after school only at the drop off area until 3.30pm.

Please observe and supervise your children, as they play on the equipment.

ABSENCE FROM SCHOOL

In the case of illness a phone call in the morning on the day they are absent.

If you are going on holidays or your child will be away for an extended period you must advise in writing BEFORE you leave.

Thank you.

All parents/Guardians wishing to help in the classroom, canteen or attend excursions MUST have completed the PARENT HELPER WORKSHOP and hold a current WORKING WITH CHILDREN CARD.

Further details are available from the school office. All parent/guardian helpers must sign in at the office before proceeding to the classrooms. Your current Working with Children card must be displayed at all times when working in the classrooms and attending excursions.

TRINITY CAR PARK

- For greater safety and visibility, we are requesting that all drivers reverse park into the marked bays.
- Thank you all who use the pedestrian crossing area. You are demonstrating to your children correct road safety practices. Once children cross the pedestrian crossing into the parking area, they, for their safety, need to be placed into vehicles promptly. The car park is NOT a meeting area.
- The lane around the edge of the car park (closest to the oval) are for vehicles waiting to pick children up from the Pick-up Zone ONLY.
- The two parking bays closest to the office path are the PICK-UP ZONES. These are NO STANDING zones. If your children are not ready to get into your car as you pull up to the pick-up zone, you must continue on and rejoin the end of the pick-up queue.
- There is NO RIGHT TURN when exiting the car park. All vehicles must turn left for the safety of others and to maintain traffic flow.
- THE GATES CLOSE AT 9.00am AND RE-OPEN AT 3.00pm. Occasionally they might re-open slightly later due to school activities.

Thank you for your patience and consideration of others.

OUR LADY HELP OF CHRISTIANS PARISH

496 Princes Hwy
Narre Warren 3805.
Phone-9704 7935
Fax – 9704 7023

Parish Priest
Fr. Brendan Hogan
Assistant Priest
Fr. Stephen Onuoha
Permanent Deacon
Rev Peter Stringfellow
Pastoral Associates
Connie James
Sacrament Co-ordinator
Emily D’Sylva

Mass Times
Saturday- 6.00pm
Sunday– 8.00am, 9.15am 11.00am & 6.00pm

PARISH OFFICE HOURS
Monday 12noon – 3.30pm
Tues-Friday 9.00 - 3.30pm
WE CONGRATULATE: Sonya and Felix Schmidt (Shannay 4B and Jermayne 1M) on the safe arrival of a baby son; we pray for all our relatives and friends who are undergoing surgery or treatment of any kind.

PARISH FETE IS ON Saturday 7th November 10am – 4pm: a date for your diaries. Thank you to those Families who have returned their Raffle tickets for the Parish fete. ALL BOOKS OF TICKETS – SOLD OR UN SOLD – MUST BE RETURNED NEXT WEEK PLEASE AS THESE MUST ALL BE ACCOUNTED FOR TO THE RAFFLES AND GAMING COMMISSION. There will be rides (wristbands on sale after each Mass - $25.00 early bird price/ $30.00 on the day/$5.00 a ride on the day. Spinning wheel, stalls galore (support the craft Christmas stall from our school Craft Group – this includes stocking fillers for the children and craft activity sets for $1.00), plant stall (succulents galore thanks to Mrs Cahill’s Dad, herbs, rhubarb, pelargoniums, 18 month roses,) white elephant stall (in the Keogh Room), games galore, entertainment on the soccer pitch, devonshire tea/coffee (for that rest when the children have run you ragged), International food stalls – Indonesian, Indian, Tongan, Philippines, Aussie B.B.Q. AND SOOOOOOOOOO MUCH MORE! A big thank you to those families who have returned a filled mystery jar for that stall. (One little girl has covered the jar so it really is a mystery!) Come along and help us build the parish centre. THE PARISH FETE IS FROM 10AM-4PM ON SATURDAY 7TH NOVEMBER.

WHITE ELEPHANT STALL AT THE PARISH FETE. If you are having a “spring clean” and have goods in GOOD CONDITION (NOT CLOTHES) you might consider taking them along to the Keogh Room on this weekend for the White Elephant Stall. PLEASE DO NOT JUST GET RID OF YOUR RUBBISH.

LOST PROPERTY : There are a number of children in the Junior Grades who have lost 2 or more jackets! This is an expensive item of clothing when bought new as you well know. PARENTS PLEASE LOOK AT YOUR CHILD’S JACKET AND IF THEY ARE WEARING SOMEONE ELSE’S BY MISTAKE PLEASE RETURN IT AS SOON AS POSSIBLE. Parents please name your children’s jackets and jumpers then it is much easier to return them to their rightful owner. Thank You to those families who continue to send in uniform pieces that are clean and in good condition. They are very much appreciated.

CASEY NORTH COMMUNITY AND SUPPORT SERVICES INFORMATION. I went to the AGM of this group last Wednesday evening and brought back their latest publications and reports which you will find on the notice board outside the Multi-purpose room. They offer many different services, free of charge, so have a look at their publications BUT please return them to the board for the use of others. You may like to pick up a copy of these materials by calling 9705 6699.

This weekend at Mass we are called further into discipleship. We have been given NEW SIGHT (INSIGHT) last weekend from the story of Bartimeaus and this week we have a scribe who takes us a step further and is able to wisely spell out for Jesus and the gathered crowd the Old Testament teaching of the Great Commandment. Thus Jesus continues to create through miraculous signs and stories the “asphalia” (the foundation) for discipleship – a foundation where, with our new INSIGHT, we come to acknowledge God as number one, our neighbour and ourselves as number two in importance. Next week we are led further by the example of the poor widow. LORD, EVERY YEAR YOU CALL US TO GO DEEPER AND FURTHER INTO YOUR LOVE WHICH BINDS US ALL TOGETHER AS FAMILY, AS NEIGHBOURHOODS, AS PARISH COMMUNITIES. HELP US TO ANSWER YOUR CALL.
Hello everyone,

**Halloween Disco**
On Friday night we had our school disco with a Halloween theme, and I have to say it was fantastic!!! The event ran extremely smoothly which was mainly due to the hard work of Tania Johnson and her team of helpers. So firstly I would like to say a very big thank you to Tania, Kerryn and Marlene for organizing, getting prizes and decorating the room. Also thank you to the parents and teachers that stayed and supervised the event, it was a great night out for all the children.

Apples on the night were donated by Montagues, and they seemed to keep energy levels up for both children and helpers. To Pierre who was our DJ for the night—THANK YOU!! The music and atmosphere was great, you did an awesome job.

For those children that came, I think we can all agree they had a blast. Lots of dancing and laughing but above all the behaviour was outstanding. You should all be very proud of yourselves.

What a great way to end the fundraising year!!

**P&F AGM MEETING**
The P&F AGM meeting is on Monday 9th November 7pm in the Staff Room.
Nomination forms to join our committee are available at the office and is also attached to this newsletter.

**From your P & F Committee**

<table>
<thead>
<tr>
<th>Committee Members</th>
<th>General</th>
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<tr>
<td>President</td>
<td>Naomi Sanchez</td>
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<tr>
<td>Vice President</td>
<td>Anna Mangano</td>
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<tr>
<td>Secretary</td>
<td>Amber Tavinor</td>
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<td>Asst Secretary</td>
<td>Lisa Ferracane</td>
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<tr>
<td>Treasurer</td>
<td>Claudia Sajeba</td>
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<tr>
<td>Asst Treasurer</td>
<td>Jessica McLardie</td>
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<tr>
<td>Board Rep</td>
<td>Marlene Johnson</td>
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<td></td>
<td>Allison Hellier</td>
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<td>Sr Joy</td>
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**Next P & F Meeting - AGM**
MONDAY 9th NOV at 7pm in the Staffroom.
TRINITY PARENTS & FRIENDS  
ANNUAL GENERAL MEETING

Monday 9th November 2015 at 7pm

NOMINATION FORM

Did you enjoy the events this year: Prep welcome night, Mother’s/ Father’s day stalls, Blingo, BBQs and raffles!!

Trinity requires volunteers to become involved in the P&F Committee to continue to bring the school community together and raise funds for our school facilities for the benefit of our children’s education.

If you would like to become more involved and meet new people from the school community whilst helping out Trinity then please consider joining the P&F Committee.

In order to have a Parents and Friends Committee the following positions need to be filled. President, Vice President, Secretary, Assistant Secretary, Treasurer, Assistant Treasurer, School Board Representative and General Committee. If you would like to see a 'job description' for any of these roles please either contact Melissa 0416025494, Kerryn 0408364909 or the ladies in the office.

If you wish to nominate for a position please fill in this form and return it to the Office.

Nominee (Full Name): _______________________________________________________

Contact No: _____________________________________________________________

Eldest Child Class: _______________________________________________________

Nominated Position: _____________________________________________________

The P&F Committee meet the first Monday evening of the month (excluding school holidays) in the school’s Staffroom at 7pm. If you are unable to attend the meetings but would like to help out at various events throughout the year please still fill in this form.
Trinity Catholic Primary School Board

PARENT REPRESENTATIVE NOMINATION FORM

To complete this form it must be signed by both the nominee and the nominator.

A nominee is deemed to have read, understood and agrees to abide by the Code of Ethics for the School Board – a copy is available at the School Office. (These must be signed by all new representatives upon election)

Nomination Forms need to be completed and returned to the School Office no later than FRIDAY 6th NOVEMBER, 2015.

<table>
<thead>
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<th>Signatures</th>
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<tr>
<td>Nominee (Full Name)</td>
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<td>Nominated by (Full Name)</td>
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<td>Grade level of children (nominee only)</td>
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<tr>
<td>Reason for joining the School Board: (In the event of a vote, your reason will be published on the Ballot Form.)</td>
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10 golden rules for parenting success in 2015

As the requirements for effective parenting shift and there seems even less time to juggle family life, here are 10 golden rules to guide you on your parenting journey.

The requirements for effective parenting are changing rapidly, just as the profile of parents is changing. Australian parents are now older than ever (30-34 is now the peak child-bearing age group). Families are smaller than ever (over 50% have two children or less). And as children as a percentage of the population shrink (1 in 6 of our population is under 15, compared to 1 in 3 in developing countries), we are less knowledgeable about children than ever.

If you add to this mix that children are growing up at the speed of light, information technology can make parents seem redundant, and increasingly parents claim lack of time is their biggest impediment to effective parenting. So what is a parent to do?

Here are 10 golden rules to guide you along your parenting journey in 2015:

1. Talk more
   With families shrinking, kids getting busier and tech devices rapidly multiplying the opportunities for family members to engage in face-to-face talk is under serious attack. Regardless of their age, the best way to influence your children is talk to them. The kitchen table is one place to do this, but there are plenty of other places where you can talk. If talk becomes difficult, try driving with a child or young person in the car with the radio off. They are bound to break sooner or later.

2. Lean on others
   A recent Australian survey found that 50% of parents are seriously struggling with their parenting, yet only 10% of this group would ask for help. I suspect there are many reasons for this including fear of being judged a poor parent; that parenting is expected to be hard and lack of trustworthy support networks. Author Steve Biddulph once said that parents don’t parent well in isolation. He’s right. It’s incredibly important to build your support networks and get ‘sparents’ into your child’s life. Start by working closely with your child’s teacher; a natural ally!

3. Build confidence
   With so many parents reporting that they have a child experiencing anxiety it would seem that we are currently experiencing a crisis in children’s confidence. It would also seem that we have somehow forgotten how to absorb children’s fears, insecurities and anxieties, and instil a sense of confidence that these can be overcome. Using a mixture of coaxing, coaching and cajoling parents need to find a way to impart in children a sense of courage to put themselves in new or potentially awkward social situations; to have a go at activities where failure is a real option; and to contribute to the wellbeing of others, which reduces anxiousness and fear.

more on page 2
... 10 golden rules for parenting success in 2015 ...

5. Lead the gang
Parenting is now an individual endeavour. There is a place for parenting the individual child, but there is also a place for parenting the whole gang (even if you and your child make up the gang). Your ability to pull your family together and get them singing off the same song sheet will impact on your family’s harmonious relationships; your children’s sense of other (empathy) and their general resilience and coping mechanisms. There is nothing so magical to witness as a family pulling together when the chips are down. This doesn’t just happen. It takes real leadership by parents to make a family act like a family!

6. Build developmental knowledge
Many challenges parents experience with their children are due to a developmental mismatch. That is, parents raising their ten year old as if they are eight. The nuances of parenting are age-related, yet due to experience we so often don’t read the cues. Recently, I witnessed a mum and dad tearing their hair out trying to communicate with their nine year old son. For the first time he was saying no to them. They thought him stubborn and disobedient. I thought him normal, as nine can be a problematic age, where usually malleable children suddenly start changing. Puberty is stirring. When this couple’s second child turns nine she will experience the benefits of her elder brother paving the way and breaking her parents in for her.

7. Practice problem-ownership
Please, please, please allow children to own their own problems. Children of all ages can be creative when they have problems to solve. Everything is a potential problem to kids and they need opportunities to resolve them themselves. By all means, coach, guide, give hints but give them a chance to sort out relationship issues; challenges with teachers and academic challenges themselves.

8. Swim against the tide
Listen to talkback radio, read the headlines of a newspaper or watch a current affairs TV program and you’ll realise that, right now, we live in an incredibly judgemental society. Parents are harshly judged as well. Allow your kids to walk to school and you risk being judged as negligent. Drive your kids to school and you risk being told that you are spoiling them and neglecting their physical wellbeing. It takes a strong parent to swim against the tide of popular opinion. It also takes a strong parent to deny her child say a mobile phone when every other child has one. It helps to say “This is the way we do it in our family.”

9. Be brave
Perhaps the biggest challenge facing parents, and their children, is the ability to let go of their parental reigns and give kids the freedom they need to develop autonomy. It’s relatively easy to develop children’s independence at home as the stakes aren’t as high. If they can’t cook a meal then you just have to do it for them. However, developing children’s independence outside the home is a different story. Many parents feel decidedly wary about granting children and young people more freedom. There is the perception that the world is a dangerous place. Granting kids freedom has an element of risk; that’s why parents need to be brave. Having the courage to let go is a basic requirement of parenting. It won’t stop you worrying, but that’s part of the game.

10. Add emotional intelligence to your parenting mix
With kids experiencing mental health challenges at a depressingly high rate it’s time to add some emotional intelligence to the parenting mix. While many schools are now introducing emotional and social programs on the curriculum, it’s important that parents develop a deep understanding of how emotions work: how emotions can be recognised; how they can work for us and against us; how we can regulate our emotions so they don’t overwhelm us; and how to recognize and respond to the emotions of others. These sound like life-changing skills that if learned, are capable of impacting significantly and positively on future generations.

Michael Grose
OLHC FETE—7th NOVEMBER from 10am to 4pm
For our Parish Fete we are looking for volunteers to help us with different tasks like setting up stalls, helping with games and food stalls etc. If you would like to volunteer one or two hours of your time please fill in your details on the sign-up sheets for volunteers at the back of the church. Thank you to those who brought in mystery jars, however a lot more are needed.

WHITE ELEPHANT STALL
Now is the time to clean out those cupboards of all unwanted but saleable goods. We need anything you have, books, crockery, cutlery, plates, mugs, vases, nicknacks, pots, pans, statuettes, jewellery, toys etc—anything at all as long as it is NOT broken or damaged. Unfortunately we cannot take electrical goods as we do not have an electrician who can certify these goods. The Keogh Room will be open before all masses on the weekend prior to the fete so that you can drop off your donations. PLEASE NOTE: Goods will not be accepted on the day of the fete.

PRE-PURCHASE WRISTBANDS

MARY MacKILLOP PRIMARY SCHOOL
This year Mary MacKillop Primary School is celebrating 20 years of Catholic Education. To culminate and bring the school community together in celebration, a School Fair will be held on Saturday 14th November from 11am—4pm at Mary MacKillop on the school grounds. Everyone is welcome to attend.

FRIENDSHIP GROUP
For our November outing, we will be throwing our support behind the Catholic Women’s League Luncheon on Melbourne Cup Day, 3rd November at Trinity Primary School, Narre Warren South. Cost will be $20 pp and for further information please contact Bob or Sylvia on 9705 1094 or 0404 098 214.

CATHOLIC WOMEN’S LEAGUE CUP DAY LUNCHEON
Cup Day Luncheon tickets are still available. This is always a wonderful day, catered for by “Jaco’s Fine Food”, with the theme very much based on the “race that stops a nation”. Much of the profit will be put to the much needed parish building fund. As this is a most pleasant way to spend cup day, please phone for further information: Jan 9703 0151, Mary 9703 1056 or Santina 0418 530 889.

ALL SOULS DAY
There will be Mass on Monday 2nd November 2015 at 7.30pm for All Souls Day.
OUR LADY HELP OF CHRISTIANS CHURCH

PARISH FETE

SATURDAY, 7TH NOVEMBER 2015

FROM 10 AM TO 4 PM

FREE ADMISSION

AMUSEMENT RIDES
SWEETS & CAKE STALLS
FACE PAINT-
SAUSAGES & CHIPS
FAIRY FLOSS
MYSTERY JARS
PLANT & CRAFT STALLS
MULTICULTURAL FOOD STALL
CAKE WEIGHT GUESSING GAME
WHITE ELEPHANT STALL
FOOTY GAME
Lucky 7 Game
Entertainment
Horse Racing Game

AT DON BOSCO SCHOOL GROUNDS
496 PRINCES HIGHWAY, NARRE WARREN