Dear Parents,

What a wonderful celebration Grandparents Day was last Friday!! It was very special to have over 300 Grandparents and special friends come and join us. The students were delighted to be able to enjoy the company of their Grandparents at school, celebrate Mass, complete activities together and show their learning spaces. Thanks to Fr Brendan and Diana Jans for the Mass, all parents who donated a plate of food and the staff and parents who were involved in the preparation and assisted on the day. It was a terrific community event.

On Monday night we had our Parents and Friends AGM, it was a well-attended meeting and a big congratulations and thanks to Kerryn Cerchiaro who has taken on the role of President for 2016. The Parents and Friends is a very important aspect of school life and without their support and assistance we could not offer the programs that we do. The money raised by this year’s committee will again be put towards the development of our schools ICT equipment. I would like to take this opportunity to publicly thank the 2015 Parents and Friends Committee. They have done an outstanding job and their efforts have been very much appreciated. Well done and thanks to Melissa Moore for her great job as President, she should be justifiably proud of the work she has done.

Today is Remembrance Day, as a school we participated in a service together this morning. The children were very respectful and have been discussing the importance of Remembrance Day in their classrooms. Thanks to Kathryn Pepper for her organisation.

As a parent of three young children I find I have conflicting opinions on the influence of technology and the internet (and the access children have to it) on my children’s lives. On the one hand it opens up wonderful learning opportunities and access points for information, a global workplace for them in the future, endless methods of communication and many other benefits. On the other hand it can expose them to information before they are ready, allow access to the public inside the walls of our house, enable them to create digital footprints they may live to regret and expose them to cyberbullying and many other potential risks. I recently attended a conference where they talked about the concept of us living in a digitally disruptive world, that is, technology that changes the way we live irreversibly. Emails, mobile phones, online shopping are just some examples of this. It has been suggested that we are the first ‘iParents’, essentially parents that have their children growing up in the world of iPads, iPods, iPhones etc.
How do we prepare our children for this ever changing landscape? What skills do they need to negotiate their path? What skills as parents do we require to guide them through this journey? To assist students and parents, Corina Watson (ICT Coordinator), has organised a Cybersmart Outreach—Internet Safety Awareness presentation. Designed for parents, teachers and students, this presentation is provided by the Australian Communications and Media Authority (the ACMA) as part of a national program of Cybersmart initiatives. On November 26th the student and staff presentations will be during the day and after school. **The parent presentation will be in the evening of Thursday the 26th of November at 6.30pm (6.15pm arrival).** I strongly encourage parents to come to this night, it is highly important information. Thanks to Corina for organising this opportunity to families.

It has been a pleasure to have our 2016 Prep student’s visit this week as they commence their schooling. It is a privilege to see the excitement on their faces as they enter their new environment. Thanks to the school office staff and our current prep teachers for their organisation and facilitation of the transition program.

*For the safety of our children we cannot allow dogs onto the school site at drop off and pick up times. If your dog is accompanying you can you either please leave your dog in the car or remain outside the school gate.*

Regards,

Simon Dell'Oro
Principal

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**2015 SCHOOL FEES**

Accounts for Term 4 fees of $415.00 have been sent home. This amount and any arrears are now **overdue**. Since it is the end of the school financial year all accounts must be finalised **If you are leaving Trinity, including all year 6 families, your accounts must be finalised otherwise your debt will be handed to the debt collection agency.** If you are having difficulties please make an appointment to see the Principal.

Payments can be made by Cash, BPay ($50 min amount), Cheque and EFTPOS. Payments can be made in instalments. Direct Debit facilities are available.

**CAMP FEES**

Grade 5 camp fees $265
Grade 6 camp fees $480

These amounts have been added to your account. A Payment plan is available from the office. Direct Debit facilities are available.

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**LEAVING TRINITY??**

If your child is not in Year 6 and **NOT RETURNING** to Trinity next year, could you please pick up a Transfer form which needs to be filled out and returned to the office as soon as possible.

We require this information as soon as possible to assist in the preparation of class lists for next year.

Thank you.
Advent Preparations

We don’t just wait...
We actively go out towards others to bring Christ into the World!

In order to focus our preparation for the birth of Christ at Christmas and to celebrate the four Sundays of Advent, Trinity will be beginning our Advent preparation on the **week beginning Monday 16th November**! We invite all parents to join with us weekly as we reflect as levels on the Sunday gospels, pray, and turn our attention to how we can go out towards others this Advent to bring Christ into the world.

- **Preps** – Mondays 8.45-9.05 – Joyce Building
- **Juniors** – Mondays 8.45-9.05 – Marian Building
- **Middles** – Tuesdays 8.45-9.05 – Marian Building
- **Seniors** – Mondays – 8.45-9.05 – Multi Purpose Room

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**GOSPEL CONNECTIONS**

**Mark 13:24-32**

When the World Is Falling Apart

We’ve all had those days. The sun is shining, but everything seems so dark. It’s a peaceful night, but pain fills our heart. It seems like the world is ending.

Fighting with a parent, feeling rejected by a friend, failing a test – any or all of these things can bring our world crashing down. Things can get even worse for practicing Christians, who face even more difficulties at times because of the tough stands we must take to do the right thing.

This week’s Gospel was written to give you courage during the tough times. The early Christians faced rejection and persecution. Mark’s Gospel reminded them that Jesus is with his followers during the toughest of times. Even though everything may seem to be falling apart, Jesus’ words “will not pass away.”

That means that despite the troubles we face, you can rest assured God loves you, God is reaching out to comfort you, and God will strengthen you. Yes, God is with you when you are alone. But often God wants you to reach out to others. As humans, we often need other humans to really feel God’s embrace. Friends, counsellors, family, or members of your Church often bring Christ’s help during tough times. So don’t isolate yourself when you hurt, or you might be keeping God’s help at a distance.

Don’t give up and turn away, because in the midst of your toughest times, you can see God’s “power and glory.”

*When have you found God helping you out when part of your world seemed to be falling apart?*

**The Action Response**

Do not just talk justice; be justice, which the church defines as giving to God and others what is due them. Give God reverence and praise. Give others respect, compassion, and presence. Be attentive to the opportunities to love.
Parish Fete Thankyou!

A big **THANKYOU** to you all for your support of the Parish Fete on Saturday. The Mystery Jars were a great hit and brought much joy to many! Many school families enjoyed the rides, stalls and food and contributed to raising funds for our new Parish Centre. Your support was greatly appreciated!

Parish Christmas Carols Are Coming

We ask that you please put the following date in your diary to once again join with our Parish community to celebrate Christmas!

We are looking for volunteers to join a Trinity singing group to perform at the Parish Christmas Carols on:

**Saturday December 12\(^{th}\) from 7.00-9.30 at the Don Bosco school hall.**

Last year, Trinity was beautifully represented but only by approximately 5 students. It would be great if we had many more parishioners experience the joy of Christmas that would be brought to them by the many talented Trinity students singing for them at Christmas!

If you have another talent, such as playing an instrument, and would like to perform at the Parish Carols, you are also most welcome. Please let us know!

If you would like to participate in some way, please fill in the form below and return it to Diana Jans or Helen McPhail at the school. Thankyou.

- [ ] I will join the Trinity singing group for the Parish Carols on Saturday December 12\(^{th}\) from 7.00 - 9.30pm

Name: __________________________________

Grade: ______________________________

Signature: ___________________________

- [ ] I would like to perform an alternate item at the Parish Carols on Saturday December 12\(^{th}\) from 7.00 - 9.30pm.

Name: ______________________________

Grade: ______________________________

Signature: ___________________________

Parent contact number: ______________________
To get more tips on how to keep your child safe online attend the upcoming Cybersafety Presentation at Trinity on Thursday 26th November 2015 6.30 — 8pm

Please return your RSVP slips which were sent home last term. If you require a new form please visit http://ict2015.global2.vic.edu.au/ - Cyber Safety Presentation

GRADE 5 PARENTS
HELP NEEDED PLEASE!

We are still in need of help with the Grade 6 graduation dinner on Thursday 10th December. If you are able to help during the afternoon or evening, even for 1-2 hours at any time, please contact the office and we will pass your details onto the committee. Please remember many hands make light work.

If you have given your details and have not been contacted please let me know. Thank you all for your assistance in making this a great day and you will be able to sit back and relax next year.
GRANDPARENTS DAY

“Imagine to greet all the grandmothers and grandfathers to thank them for their special place in families and for their importance to the new generations.”

Pope Francis
Cooper Uses Halloween to Help Others

For Halloween I collected tin cans of food for people who don’t have much food. I put a letter in people’s letter boxes before Halloween explaining I was collecting non-perishable foods for St Vincent de Paul. When I got to people’s houses they said, “Oh Cooper we’ve been waiting for you!” Some people gave us a bag of food. There was rice, soups, pasta, spaghetti, biscuits, lots of cans and even a huge jar of pickles. I loved collecting food for people because it made me more confident and closer to God.

Cooper Findlay 2J

Congratulations Cooper on your initiative and using this opportunity to build God’s kingdom!

Thanks for sharing this is in your
# School Calendar

**November 2015**

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<td><strong>9</strong></td>
<td><strong>7pm</strong> P &amp; F AGM Meeting</td>
<td><strong>10</strong> Prep 2016 Orientation 9.15—10.15, 11.30—12.30, 2pm—3pm</td>
<td><strong>11</strong> Remembrance Day short service 9am in Hall</td>
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<td><strong>13</strong> Mass—Yr 1 Assembly—Prep</td>
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<td><strong>18</strong> Prep 2016 Orientation 9.00—10.30</td>
<td><strong>19</strong> 7pm School Board AGM Meeting</td>
<td><strong>20</strong> Mass—Yr 2 Assembly—Yr 5</td>
<td><strong>21</strong></td>
<td><strong>22</strong> 9.15am, 11am &amp; 7pm First Eucharist Celebration</td>
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<td><strong>26</strong> Cybersmart 6.30—8pm Prep 2016 Orientation 9.00—10.30</td>
<td><strong>27</strong> Mass—Prep &amp; Yr 6 Buddies Assembly—Yr 2</td>
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- Items in **bold type** will be school closure days or extremely important dates.
- **Blue** will indicate new items added to the Calendar that week.
Happy Birthday to the following children who will celebrate their birthday next week.

16th NOVEMBER  Riley
17th NOVEMBER  Joshua, Elmer and Niamh
18th NOVEMBER  Ava, Andrew and Rihanna
20th NOVEMBER  Aaron
21st NOVEMBER  Jasmine and Siana

CANTEEN ROSTER

TUESDAY — PREP and JUNIOR
THURSDAY — MIDDLE and SENIOR
+ 8.45—10.30approx    # 11.45—1.30approx

THURSDAY 12th NOV
+ Rebekah Lee
# Kerryn Cerchiaro

TUESDAY 17th NOV
+ Help Needed
# Adele Pettenuzzo

THURSDAY 19th NOV
+ Nina Gore
# Celeste Vogrig

TUESDAY 24th NOV
+ Help Needed
# Daniela Cini

THURSDAY 26th NOV
+ Suzanne Wells
# Linda Vozzo

TUESDAY 1st DEC
+ Naomi Sanchez
# Andrea MacIntosh
A reminder to all Parents/Carers, supervision by School Staff begins at 8.30am before school and after school only at the drop off area until 3.30pm. Please observe and supervise your children, as they play on the equipment.

**ABSENCE FROM SCHOOL**

In the case of illness a phone call in the morning on the day they are absent.

If you are going on holidays or your child will be away for an extended period you must advise in writing BEFORE you leave. Thank you.

All parents/Guardians wishing to help in the classroom, canteen or attend excursions MUST have completed the PARENT HELPER WORKSHOP and hold a current WORKING WITH CHILDREN CARD.

Further details are available from the school office. All parent/guardian helpers must sign in at the office before proceeding to the classrooms. Your current Working with Children card must be displayed at all times when working in the classrooms and attending excursions.

**TRINITY CAR PARK**

- For greater safety and visibility, we are requesting that all drivers **reverse** park into the marked bays.
- Thank you all who use the pedestrian crossing area. You are demonstrating to your children correct road safety practices. Once children cross the pedestrian crossing into the parking area, they, for their safety, need to be placed into vehicles promptly. The car park is **NOT** a meeting area.
- The lane around the edge of the car park (closest to the oval) are for vehicles waiting to pick children up from the Pick-up Zone **ONLY**.
- The two parking bays closest to the office path are the **PICK-UP ZONES**. These are **NO STANDING** zones. If your children are not ready to get into your car as you pull up to the pick-up zone, you must continue on and rejoin the end of the pick-up queue.
- There is **NO RIGHT TURN** when exiting the car park. All vehicles must turn left for the safety of others and to maintain traffic flow.
- **THE GATES CLOSE AT 9.00am AND RE-OPEN AT 3.00pm**. Occasionally they might re-open slightly later due to school activities.

Thank you for your patience and consideration of others.
We pray for: all our deceased service men and women; those who are expecting babies; a friend of a friend of one of our Mothers who died while having a blood transfusion leaving behind her husband and two very small daughters (12 mths. and 3 years); and all other families who have lost someone recently.

GRANDPARENTS DAY  last Friday was a great success. Thank you all those families who sent along enough food to feed all the Grandparents in Narre Warren! Those who prepared the Mass, the Hall, (the children’s art was beautiful as always Mrs Knowles) and all who tidied up afterwards.

THE PARISH FETE: It was great to see so many of the Trinity Families last Saturday supporting our Parish of Our Lady Help of Christians. Thank you to our Craft Group Members: Denise, Sophie, Natalie and Nina who made so many lovely things for sale and to those members of the CWL and School Staff who came along to ‘woman’ the stall. Thank you to all who potted up plants: Doug Rodrigues and Family, Sophie Hollow’s Mother, Mary Macdermid, Patricia Sullivan, and many others from the Parish and to those CWL Members and School Staff who came along and sold plants. Thank you to all those Families who sent along Mystery Bottles – they went like Hot Cakes. Thank you ALSO TO Luisa Locandro who sent along lollies which helped us to sell some of our craft! The amount raised will be revealed tonight at the Fete Committee Evaluation Meeting.

LOST PROPERTY BOX: is full and as the weather keeps turning hot and cool all those jackets and jumpers in the box will be needed! So please have a look if your child has lost an item of school clothing. There are still children in the Junior Grades whose jackets and jumpers are still missing. PLEASE TAKE THE TIME TO CHECK THAT YOUR CHILD HAS HIS/HER CORRECT ITEM OF CLOTHING AND IS NOT WEARING SOMEONE ELSE’S CLOTHING.

THE LATEST COPY OF MELBOURNE’S CHILD (November ) is available for you to take from the table just inside the doors to the Readman Building/Hall.

Mary MACKILLOP PRIMARY SCHOOL is celebrating 20 years of Catholic Education this year and as part of the celebrations are having a Fete this Saturday in the school grounds. So if you missed the Parish Fete last Saturday, come along to this one because I will be there with our left over Craft from the Fete.

ON THE PARENTS NOTICE BOARD: “Stop seeing the Syndrome and Start seeing the Person” Hilary Harper (Sunday’s Age Newspaper) Those of us who listen to 774ABC will know that Hilary has a child with Down Syndrome as have two of our Families here at Trinity. It would be good if everyone would read this article and have a talk with your children about what the article means for them with regard to how they treat the Families and Siblings of these precious people.

This weekend we celebrate the 33rd Sunday of the year and Mark speaks of “the end days”. In the days of the early church it was common for all people to think that end of the world would not be long in coming. Hence the need to be prepared and the reading from the Prophet Daniel (Old Testament) exhorting us to be prepared because Michael (the Arcangel) will come and divide the people into ‘good’ and ‘evil’. Paul, in the second Reading to the Hebrews, is more gentle and tells us that the eternal High Priest, Jesus, has offered the supreme sacrifice (of his death) and has won salvation for all who desire it. And then Mark has Jesus talk about the end times when great calamities will take place. We who are living know that this is yet to come about. Jesus, you care for and love each of us. At this time of each year we are asked to take stock of our lives in the areas of Loving, Justice, Care for each other and the earth, the Help we give to those who are in need. Help us be honest in our stock-taking. Amen.
Hello everyone,

On Monday evening we held our annual P&F AGM meeting, where current members of the committee stepped down from their positions and a new committee was elected.

**Election & Declaration of new Parents & Friends Committee 2015:**
Simon Dell’Oro conducted the election as the Principle of Trinity Catholic Primary School and the results are:

- **President** – Kerryn Cerchiaro
- **Vice President** – position not yet filled
- **Secretary** – Lisa Ferracane
- **Assistant Secretary** – To be confirmed
- **Treasurer** – Michelle Hofman
- **Assistant Treasurer** – Irie Findlay
- **Board Rep** : Lisa Ferracane

We are currently seeking a Vice President. If you are interested in this role, feel free to contact Kerryn on 0408 364 909 for more information.

We welcome any new members to the P&F Committee. If you cannot make our monthly meeting, that’s ok, we love helpers on the day of our events. Joining our committee is a great way to meet new people. Contact Kerryn 0408 364 909 if you are interested. Our next meeting is on 23rd November at 7pm.

I would like to thank the 2015 Committee members for a fantastic, successful year. Your dedication and support throughout the year has been greatly appreciated, and because of this our fundraising events have been a success. To those members that are stepping down from the P&F committee I wish you all the very best, and if you are able to join us again in the future we would gladly welcome you back.

**Christmas Raffle**
Our last fundraiser for the year will be a Christmas raffle. More information and raffle tickets to be sent home in the coming weeks.

We thank all the families, grandparents, and friends of Trinity Catholic Primary for your support over the year and we look forward to your continued support in 2016.

From your P&F Committee
Trinity Catholic Primary School Board
PARENT REPRESENTATIVE NOMINATION FORM

To complete this form it must be signed by both the nominee and the nominator.

A nominee is deemed to have read, understood and agrees to abide by the Code of Ethics for the School Board – a copy is available at the School Office. (These must be signed by all new representatives upon election)

Nomination Forms need to be completed and returned to the School Office as soon as possible.

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MARY MacKILLOP PRIMARY SCHOOL
This year Mary MacKillop Primary School is celebrating 20 years of Catholic Education. To culminate and bring the school community together in celebration, a School Fair will be held on Saturday 14th November from 11am—4pm at Mary MacKillop on the school grounds. Everyone is welcome to attend.

FRIENDSHIP GROUP
Our final “Cuppa & Chinwag” for 2015 will be this coming Thursday, 19th November in the Keogh Room, commencing 1pm. Everyone will be most welcome. Please don’t forget to bring your donations towards our Xmas hampers for our Christmas Lunch on Thursday 3rd December at Sages Family Restaurant, Berwick. For further information contact Bob or Sylvia on 9705 1094 or 0404 098 214.

PILGRIMAGE TO THE SHRINE OF OUR LADY OF PERPETUAL HELP 2015
The annual pilgrimage to the Shrine of Our Lady of Perpetual Help will take place this year on the Feast of Christ the universal King, Sunday 22nd November at 2.00pm at St Mary’s Cathedral, Sale. All members of the Diocese of Sale are invited to attend. After a short procession, prayers and readings, there will be an opportunity to pray the Rosary, have a brief time of Adoration of the Blessed Sacrament followed by Benediction. Reconciliation will also be available. The pilgrimage will conclude with afternoon tea. For more information please call St Mary’s Cathedral on 5144 4100.

MARIAN MOVEMENT PRAYER RETREAT
Conducted by Fr Hugh Thomas on Wednesday 18th November between 11am—3.30pm at OLHC. The program will commence with Eucharistic adoration, cenacle rosary, confession, reflection/s by Fr Hugh, consecration to the Immaculate heart of Mary and concluding with Mass. Fr Hugh has spent 22 years in the Philippines. He is a missionary member of the Congregation of the Most Holy Redeemer and has preached missions in Australia and overseas for many years. He has recently completed 12 years in WA, where he was responsible for the Marian Movement of Priests for the last 6 years that he was there. In WA he conducted many retreats and parish missions. For the last 9 years he has spent a couple of months each year in Indonesia and Singapore giving retreats to priests and promoting adoration of the Blessed Sacrament. He has helped establish 30 chapels of Perpetual Eucharistic Adoration in different islands of Indonesia. All parishioners are invited to attend. There are flyers available from the foyer of the church if you require more information.

PARISH YOUTH RETREAT
We are inviting all junior and senior youth for a retreat day to be held at Mary Mackillop Primary School Hall on Saturday 28th November from 10.30 to 3pm. The retreat will reflect on how to make your life grow in love? How to take the words, attitudes and actions in a way, which draws a person into the relationship with God, family and friends? Please indicate your desire to participate by signing your name on the sheet in the back of the Church. Reconciliation and light lunch will be provided. Register contact: Seminarian Paul Hiep Nguyen, phone 9704 7935 or email: paulvanhiep@yahoo.com
Helping kids manage anger

Kids need to learn that anger can be expressed in ways that are not hurtful to anyone including themselves.

Managing anger is one of the biggest emotional issues that children face. Children who can learn to manage their anger have a head start on handling fears and other emotions.

Currently, our community is undecided about how to handle anger. In fact, anger is discouraged as we see no place for it in homes, schools or community. ‘Civilised people don’t get angry’ seems to be the accepted wisdom so we tend to encourage children to bottle up anger rather than let it out.

Anger needs to be managed, rather than simply avoided. Bury anger deep-down and it will go away is the attitude! This doesn’t work for many children as bottled up emotions don’t always dissipate. They simmer away, eventually spilling over into physical violence or hurtful verbal abuse, which so often backfires on the angry person.

Kids need to learn that anger can be expressed in ways that are not hurtful to anyone including themselves. Here are six steps that parents can use to help kids of all ages keep their emotions under check, and respond safely when emotions run high:

1. Understand it: Help kids understand the events and situations that trigger angry responses. These situations will vary, but may include, playing rough games, not getting their own way and being teased by others. Help kids to reflect on the events that trigger a ‘wobbly’, so they can take preventative measures. This type of self-knowledge is really helpful for older primary school children and teenagers.

2. Name it: Help them recognise the physical signs of anger, such as clenched fists and teeth, tension around their shoulders and heavy breathing. Then assist them to develop a vocabulary around anger. “Mad as a snake”, “about to lose it”, “throwing a tantr” are some possibilities. Children can probably generate more! Naming emotions promotes good emotional literacy in kids.

3. Diffuse it: You need some strategies to diffuse anger and bring down emotional levels in kids. Distraction and time out can be effective for toddlers with short fuses, and even shorter attention spans. For older children, parents should use diplomacy rather than discipline. You may need to give some kids some space on their own before attempting to talk. Listening to their story, validating their right to be mad and focusing on feelings are some ways to diffuse anger. Sometimes knowing that someone else knows how you feel is enough to make anger go away.

4. Choose it: Help children understand that they do have a choice about how they respond to their anger. They may feel like lashing out, but they don’t have to get physical or verbally aggressive when they get angry. Let kids know in clear terms that slamming doors, throwing things and refusing to cooperate are the wrong ways to display anger. Help them understand that while you are on their side, as they mature they need to choose socially acceptable ways of handling anger.

5. Say it: Encourage children to express how they feel verbally, rather than bottle things up or become aggressive. The use of I statements is one way of letting others know how they feel. “I feel really mad when you say nasty things to me. I really don’t like it” is one way of being heard and letting the anger out.

6. Let it out safely: Boys, in particular, need physical outlets for pent up anger. They may go for a run, belt a pillow or play a physical game to let their frustration out. Some kids may even pour their anger into a letter, some work on a productive activity. Help children find legitimate outlets for their anger.

Parents need to role model healthy anger management so children see firsthand how adults handle anger in mature ways. That means parents take time to listen to each other, talk things through and find healthy physical ways to let off steam when you feel yourself getting to boiling point.

The maxim for families who want to learn to manage anger in healthy ways should be: “There is nothing so bad that we can’t talk about it. However there are behaviours that are not acceptable.”

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For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au